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## **THE NEXT TOP SPIRITUAL AUTHOR INVITES YOU TO UPGRADE YOUR LIFE**

***Doug De Vito envisions a new level of evolution for humanity***

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***New book offers new healing insights and paradigm-shifting research findings***

**JULY 23, 2010 LOS ANGELES, CA** Deepak Chopra, Caroline Myss, Don Miguel Ruiz, Marianne Williamson, and Doug De Vito? If one of these names isn't quite as familiar as the others, that may not be the case for long as Los Angeles-based healer Doug De Vito is steadily gaining ground in the well-publicized *Next Top Spiritual Author* competition. As head of planning for worldwide healing phenomenon The Reconnection, De Vito has attracted a loyal following, and he's hoping to expand on that with his forthcoming book, *The Upgrade: Fulfilling the Promise of Human Potential*.

*The Upgrade* is the story of what happens to people after they interact and work with these new healing frequencies, says De Vito. When we use the frequencies to heal others, we see people report coming out of their wheelchairs, and cancer and blindness suddenly going away. Yet what also happens is that practitioners themselves start to have personal healing—their lives accelerate. Major shifts happen, and people can bring more into their lives and expand their life missions on very dramatic levels.

So how does one access these powerful frequencies? It's all part of Reconnective Healing, which combines principles of energy healing with tangible ways of accessing heightened levels of light, energy and information. The results have been explosively powerful, with The Reconnection founder Eric Pearl, De Vito, and other seasoned practitioners sharing their findings with, and training more than 60,000 people to date globally. Their belief is that anyone can practice Reconnective Healing armed with the proper tools—and, through that practice, experience substantial shifts.

On the whole, the frequencies become a sort of catalyst, or ladder, says De Vito, who has been with the Reconnection for eight years. The universe is throwing us a lifeline that we can now grab and use to heal others or ourselves. The more we interact with it, the more we accelerate our own health.

De Vito speaks from experience. A former star athlete, the author was diagnosed with a debilitating spinal injury and told that he'd likely be relegated to a wheelchair for most of his life. Having tried everything from acupuncture to yoga to pain medicine with little results, it wasn't

until De Vito started practicing Reconnective Healing that his health began to show real improvement. In the middle of a session I was doing for *someone else*, my back popped ; over the next three months, I grew three quarters of an inch as my spine regenerated, he shares. The damage reversed itself, and I learned that when we do the work for others, we heal ourselves.

Inspired, De Vito set out to discover whether others had experienced the same unexpected benefits. In 2004, he partnered with the University of Arizona to survey more than 600 Reconnective Healing practitioners, and based on their affirmative findings, De Vito was inspired to chronicle them via *The Upgrade*. I wanted to document how lives had changed mental, physical, and emotional shifts, spiritual manifestations. It's the other side of the story.

De Vito completed the book in 2009 and found a unique platform in the *Next Top Spiritual Author* contest. He recently made it to the third round, which puts him in the top 25 of 15,000 entries. The winner will be determined in October; learn more or vote at: <http://www.nexttopauthor.com/profile.cfm?aid=2719>. Currently, he continues to study the amazing effects of being a Reconnective Healing Practitioner. We don't work on disease per se, but rather, we upgrade you and create a connection between you and your higher self, or healthy self, says De Vito. Through the frequencies, you resonate at a higher level, and when you start to live at that level, great things are possible.

**The Reconnection** [<http://www.TheReconnection.com>] is the international organization dedicated to spreading awareness of the profound healing power of Reconnective Healing and produces over 100 seminars and events worldwide each year. The Reconnection has trained more than 60,000 people in over 60 countries in the practice of Reconnective Healing, including many thousands of mainstream healthcare practitioners, doctors, nurses and physical therapists. Reconnective Healing is practiced in hospitals and private practices around the world and also by everyday people. It attracts great interest from top scientists and researchers, with many international research studies currently underway. It has been prominently featured in countless television programs and major publications including *The New York Times*. Reconnective Healing is regularly presented at prestigious institutions like the United Nations, UCLA, Cedars-Sinai Medical Center, the VA Hospital, Jackson Memorial Hospital, University of Minnesota, University of Miami Medical School and the University of Arizona.

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**Doug De Vito will be in Sydney, Australia to present  
Explore The New Frequencies Of Healing on Thursday 29 July 2010 at 7pm  
Bayview Boulevard Hotel, 90 William Street, Sydney.  
Register at [www.TheReconnection.com](http://www.TheReconnection.com)**

**Doug is also available for interviews by appointment.  
Contact Julie Jara on 0403 312 316 for further information.**